



Saving the Environment, One Bottle at a Time

When the idea of a water bottle came to mind, I was reminded that several years ago that one of our members, I believe it was Gail Young, suggested that St. Paul's should ban the use of bottled water in and on our premises. Some action on this was taken, but use of single use plastic bottles (SUPB's) in our church has continued to this day.

It is estimated that 68 Billion SUPB's are discarded annually worldwide (from procon.org). They can be found on beaches, in rivers, streams, lakes, and strewn about in our forests and provincial parks. The manufacturing of these SUPB's emits toxic chemicals into our atmosphere and the recycling of these bottles also uses toxic chemicals which eventually emits even more toxic chemicals into the atmosphere. The sale of SUPB's, in sizes less than 22 oz. and 1 Litre, has already been banned in some places.

Personally speaking, I am dead against single use plastic drinking bottles especially by people who live in areas where safe, clean drinking water is readily available out of a tap. (I was recently camping in a provincial park where there were many such taps - even in the woods!) As stewards of our world, I think that St. Paul's should continue to promote the cessation of the use of plastic bottles less than 1 Litre in size and this is why I support the idea of a St. Paul's branded water bottle.

We could sell the large bottle for \$10 and use them to create awareness of our church. We might lose a dollar or two at that price but that cost could be considered as a communications/marketing expense. If we used a smaller bottle, we might make a dollar. If so, we could put those "profits" back into our communications budget to increase our public awareness. Michael suggested that we give them away. I like that concept but am unsure that we could/should spend the roughly \$2,000 that would cost. Maybe we could charge \$5?

I believe that these bottles would serve two proposes:

1. To promote awareness of our church, and our logo and website; and
2. As an action plan on our commitment to protect and promote a cleaner environment in our world.

I do not believe that the status quo is an option. The preceding is my personal opinion on this matter.

Respectively submitted by
Robert Hunt



MINISTER'S MESSAGE

Those of you who attended the Congregational Meeting on June 23, 2019 will know that we will be using a new lectionary for Sunday worship starting in September.

But what is a lectionary and why do we use it? Simply put, a lectionary is a list of readings for use during worship services, generally with two or more readings assigned for every Sunday of the church year. There are also readings assigned for special days that are not Sundays such as Christmas and Ash Wednesday. Ministers and Congregations use lectionaries to help ensure that a wide variety of scripture passages are read, especially passages that might not be read or preached on otherwise.

Lectionaries have a long history in the United Church of Canada. The first was published in the Book of Common Order which was the worship resource published by the United Church in 1932. It included a prayer and two or three scripture readings for each Sunday and was based on the one found in the Anglican Book of Common Prayer. A new lectionary was created and published in the 1969 Service book. Unlike the 1932 lectionary which only had one year of readings, the new lectionary had a three year cycle of readings and was designed to complement the New Curriculum, the Sunday School curriculum which was published around the same time.

In the following decade cooperation between denominations grew and the Common Lectionary was created and published by the Consultation on Common Texts in the 1980's. It was revised and republished in the 1990's as the Revised Common Lectionary and it that lectionary that we've been using at St. Paul's.

Every lectionary has its pluses and minuses and each one is designed to address a particular set of concerns and priorities. One of the challenges with the Revised Common Lectionary is that it jumps around a lot so that it's hard for the hearer to get a sense of the flow of the Bible as a whole. In addition, although there is an Old Testament reading assigned for each week, that reading is rarely the focus of the service.

In 2010 two professors from Luther Seminary in Minnesota set out to address some of the challenges that the Revised Common Lectionary raised and to craft a lectionary that would help people become more familiar with the language and stories of the Christian faith. The Narrative Lectionary was the result and it debuted that year.

The Narrative Lectionary has a four year cycle, one for each of the Gospels. This year's Gospel is Mark. Unlike the Revised Common Lectionary, where the new cycle of readings starts at the beginning of Advent, the Narrative Lectionary starts at the beginning of September, and runs through to the end of May, which is the active season in most churches. June, July and August are given to sermon series, such as the Lord's Prayer, which was preached on this past summer.

Each day has a focus scripture and a second reading to complement it. From the beginning of September through Advent the focus scripture is taken from the Old Testament, touching on the major themes of the Old Testament in Order. Each Sunday there is an accompanying Gospel Reading. From Christmas through Easter the focus scripture is taken from the Gospel for the year and there is an accompanying Psalm. From Easter through Pentecost the reading is taken from the Book of Acts or one of the Epistles and there is again an accompanying Gospel reading.

We'll be trying out this new lectionary until June, and then we'll be evaluating it to see how things went and whether adjustments are needed or if it would be better to return to the Revised Common Lectionary.

Feedback is most welcome and can be sent to myself or Linda Westendorp. Make sure you include your name so that we can follow up with you.

I hope that worship this year will be an exciting adventure through Scripture for all of us as we explore texts we haven't spent much time with before and revisit some old favourites.

Blessings

Rev. Cordelia

FINANCE COMMITTEE*Financially Speaking: Update, July 2019*

Donations From All Sources	July	YTD
What We Needed (from all sources)	\$12,127	\$115,518
Total We Received (including from the Building Fund)	10,905	108,092
What We Spent	15,246	147,199
Surplus / Shortfall (Total Received less What We Spent)	-4,341	-39,107
M&S Givings	\$1,054.50	\$8,684.35
Capital Fund Donations	586.00	5,379.00

July was a negative month as has been our traditional pattern. On the surface our year-to-date numbers look discouraging but, keep in mind that we have spent over \$31,000 in Capital repairs to our building. These expenses were not anticipated and thus not budgeted for. If you take into consideration those Capital expenses, our year-to-date financial position is only -\$7,768 which is much, much better than the -\$15,497 originally projected. I know that we have had a lot of expenses this year. These expenses have been necessary to keep our building a safe place for everyone who enters it.

You will all know by now that our new roof has been installed. To pay for this major project, we borrowed \$19,000 from the Church Extension Council. One way we are raising funds to repay this loan is to sell bundles of roof shingles for \$60 per bundle. Thanks to you, we have sold 94 bundles so far, raising an amazing \$5,640 to date. Have you bought your bundle yet?

We know that you have seen this message before, but it is a very important matter which has yet to be resolved. St. Paul's is **desperately** in need of volunteers to help keep your Church home in a state of good repair. These are mostly supervisory roles. Take on one project, just one. You need not commit for a lifetime of servitude!! Lol.

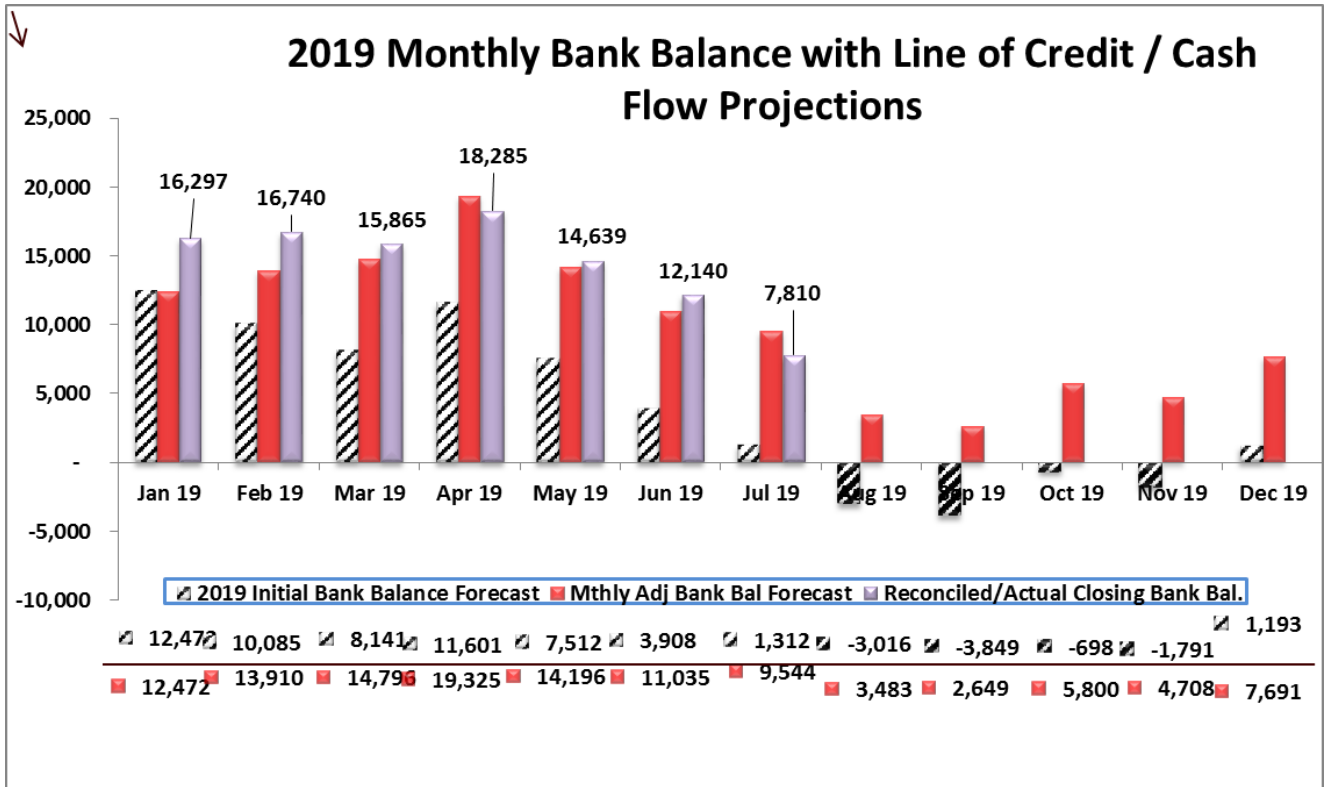
As you know, stewardship is rendered in many forms whether as gifts of time, talents and skills, or treasure. Your gifts are appreciated. As always, your gifts will help St. Paul's to continue to be a place for everyone to reach out to for worship and prayer, for comfort, for social interaction, and for help.

Please look at the chart below. It is a projection of what our 2019 year-end bank balance could be if all our budget targets are met. It also shows that in the months of August – November, our initial forecast was that we could potentially have a negative bank balance. That might not happen thanks to your generosity. As of the end of July, the forecast suggests that our December 2019 bank balance could be a positive number. This number can and will change monthly. We monitor this chart regularly and share it with you continually so that you can see how we are doing financially. The red bars are suggesting that if our budget targets are met for the rest of the year, we might have a small, positive bank balance to begin 2020! Terrific.

shepherd the flock of God among you, exercising oversight not under compulsion, but voluntarily, according to the will of God; and not for sordid gain, but with eagerness;

FINANCE (con't)

Financially Speaking: Up date, July 2019



If anyone has any comments or complaints, or simply just wishes to better understand this graph's meaning and how this graph works, please contact Robert Hunt at 416 458 5888. All questions are welcome.

Your Finance Committee

CONGREGATION CONNECTIONS

The Church with the Open Cupboard

“Then the people who have done what is right will answer him. ‘Lord,’ they will ask, ‘when did we see you hungry and feed you? When did we see you thirsty and give you something to drink? When did we see you as a stranger and invite you in? When did we see you needing clothes and give them to you? When did we see you sick or in prison and go to visit you?’

“The King will reply, ‘What I’m about to tell you is true. Anything you did for one of the least important of these brothers and sisters of mine, you did for me.’ Matthew 25: 37 -40

At the June Congregational Meeting, approval of the concept for an Open Cupboard was granted by the congregation. The premise of the Open Cupboard is to provide personal hygiene products such as razors, soap, toothpaste, toothbrushes, feminine hygiene products, diapers, socks, mittens, shampoo, hairbrushes, combs, towels - items that would not be found at a food bank or a clothing thrift store for people in need.

Our next step in making this vision a reality is to create a working committee to work with Cordelia to apply for funding from the United Church of Canada, to source a moveable, locking cupboard, to plan the operating rules for the Open Cupboard and report back to the Council and Congregation for final approval of the project. If you would like to be a part of this planning team, please contact Susan Reed at 905-686-1325 or svreed@bell.net

The first meeting for the Open Cupboard Planning Committee will be Wednesday, September 18, 2019 from 7:00 to 8:00 pm in the Flo Churchill Room.

Respectively submitted by

Susan Reed

Fall Discussion Group

Have you ever wondered why we do what we do in worship? Why and how worship has changed over the years? Then this fall’s Book Discussion is for you! We’ll be spending the fall looking at worship in the United Church, it’s history and the reason behind the things we do on Sundays. There is no book for this study. Simply come as you are. The group meets Wednesday at 7:00 pm in the Fellowship Room. The first session is Wednesday, September 11, 2019. All are welcome!

Bible Discussion

Bible Discussion resumes meeting Wednesday September 11, 2019 at 10:30 am in the Fellowship Room. We’ll be spending the fall exploring the book of Daniel. Everyone is Welcome!

COUNCIL UPDATE**Update from Council – Your Support is Vital!**

At the June 23, 2019 congregational meeting, Council shared a DRAFT Strategic Plan that focused on three streams - Spiritual Life, Programs and Activities, and Financial and Environmental Health. Council is committed to sharing ongoing updates on the Plan over the coming months as we work together to achieve the milestones we collectively set for SPUC.

At the meeting we talked about how important our church building is to each of us and how it provides us with space we need to live out our mission as “we gather to experience, show and share the difference God’s love in Christ makes in our lives (and) we strive to be a people growing spiritually, while reaching out to others in response to Jesus Christ.”

Thanks to you, we have raised approximately \$5,640 through the “Buy a Bundle” campaign to help pay off the \$19,000 that was borrowed to re-shingle the roof. Your ongoing contributions this coming church year will help ensure that the loan is paid off before April, 2021 so that we don’t have to pay any interest on any remaining debt. Work is underway to create a new information hub in the old Chapel space next to the sanctuary. The library has been boxed up for the moment as the space gets painted and existing information posters and brochures are being refreshed to better align with the needs of the congregation. The plan is to refinish the floor, with the support of private donors and possibly the UCW, in October to create a more welcoming and appealing space. Council is grateful for the leadership of Sharon and Renzo Castellarin in leading this project.

In the late spring and over the summer, a group of dedicated individuals have been dealing with a recurring problem that sees water coming into the basement through the men’s washroom when there is a heavy rain. Special thanks goes out to Dave Eagleson, Robert Hunt, Gord Ottaway, Renzo Castellarin and others who have been cleaning up the water to mitigate any further damage and investigating possible solutions to this challenge. More information is being collected and we will be updating the congregation once we know the cost of any repairs to fix the problem.

As you arrive back in September you will notice that the work has taken off to build the new houses on the old school site. For safety reasons we will be putting new signage on the doors to direct our tenants and other people to enter the building from the west doors during the week since the south driveway is being impacted by the construction. Dave Eagleson is working with the Town of Ajax and the developers to determine how the construction will impact the south driveway and what the cost will be to realign it to the property boundaries.

Our church building is the physical foundation that supports all of our programs and activities and is the place where we gather, throughout the week and every Sunday, to share our spiritual lives. Thank you to everyone - staff, volunteers, family and friends - who help to maintain and bring laughter, love and life into this place. Your ongoing support in contributing funds and supporting the maintenance of the building is very much appreciated.

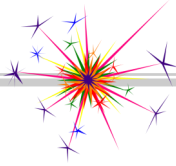
Submitted on behalf of Council by

Katie Cronin-Wood

Chair

“This stone, which I have set up as a pillar, will be God’s house, and of all that You give me I will surely give a tenth to You.”

Genesis 28:22

**SPARC**

SPARC Update

SPARC, the St. Paul's Action and Recognition Committee is gearing up for an exciting fall of new activities and opportunities. SPARC events are open to all members of the congregation, families and friends. The purpose of SPARC is to provide opportunities for people to socialize with one another and to deepen the spiritual life of the congregation through fellowship opportunities and by recognizing the contributions of our members. Currently SPARC members include Catharine Ottaway, Doris Tietze, Dorothy Wilkins, Jennifer Cree, Linda Westendorp, Karen Strong, Madeline Oswald, Sharon Castellarin, Susan Reed, and Wendy Mason.

On **September 29, 2019** we invite the members of the congregation to unleash their passion for pumpkin in the Gathering Place after the morning service. A variety of pumpkin treats will be available for you to sample with your Sunday morning coffee. **Pumpkin Passion** is a SPARC Fifth Sunday event.

Our October and November activities will be announced shortly.

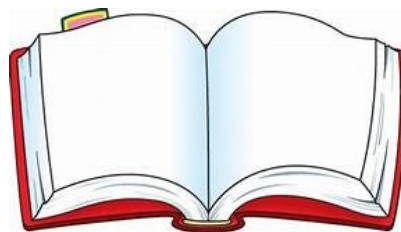
ST. PAUL'S BOOK CLUB

St. Paul's Book Club

The St. Paul's Book Club is entering its third year and there is room for you to join our group of readers. If you enjoy reading fiction books and enjoy sharing opinions about what you have read, then consider joining our club. The aim is to have fun, enjoy reading (sometimes outside of your comfort zone), and find out what others thought of the books that we read.

The **ST. PAUL'S BOOK CLUB** meets on the last Tuesday of the month at 7:00 pm in the Fellowship Room at the church. The first meeting of the book club will be on **September 24, 2019 at 7:00 pm**. For September we are reading the book "What Alice Forgot" (available in paperback at Indigo/Chapters). At our first meeting we will also make decisions about what we will read throughout the year. Please come to the meeting with a couple of suggestions of books that you think would be good for the club to read.

We hope you will consider joining our group.



UCW

St. Paul's Annual Bazaar

It's hard to believe, but the UCW bazaar is only now 2 months away. The Event is scheduled for Saturday, November 2, 2019 from 10:00 am- 1:00 pm.

The bazaar doors will open at 10:00 am; the Lunchroom will open at 10:30 am and the doors will close at 1:00 pm. Donations of knitting, crocheting, sewing,?? and crafts are appreciated. The Country Kitchen will be pleased to feature your jams, jellies and preserves. We will have vendors on the second and third floor. St. Paul's will have 2 tables to feature any donations of crafts, knitting or crocheting from the congregation. Come and bring a friend to see the terrific items we have for sale and stay for a bite of lunch.



Any donated items can be dropped at the church on Friday afternoon from 1:00 pm to 5:00 pm and Saturday morning from 8:00 am to 9:30 am . If you wish to volunteer at the bazaar, please contact Jennifer Cree, Bazaar Convenor (905) 686-4467.

Come and enjoy a variety of delicious food and fellowship at the UCW potluck on September 17, 2019 at 12:45 pm in the Fellowship Room. Don't forget to bring your plate, cutlery and your favourite casserole or dessert.

More details concerning the program will be in forthcoming Church Bulletins. Everyone is cordially welcome. If one needs a ride, please call Valerie at 905-683-8798

MEN'S GROUP

Breakfast is Served

We sincerely hope that everyone had an enjoyable summer, and now September is here and fall is quickly approaching.

The Men's Group will meet for breakfast on Saturday, September 14, 2019 at 8:00 am in the Gathering Place. The invitation is open to ALL men.

Come for the first time and enjoy a free breakfast.



STEWARDSHIP**Loving Our Neighbour 2.0
Going Deeper**

Last year during Stewardship we delved into God's first commandment to "love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself". Luke 10:27

We were reminded that to fulfil this law we needed to have God's help to set our mind on love. We looked at perspectives and attitudes which might get in the way of our really seeing our neighbour. Finally we took home the message that our neighbour is everywhere.

This year's focus is on our joy, privilege and opportunity to love our neighbour.

The people of St Paul's show love for our neighbours in so many different ways already by generously sharing their time, talent and treasure. To me Going Deeper means rediscovering the joy, understanding the privilege and seizing the opportunities that God has for us to love our neighbour now and into our future.

Being Invitational**Growing our Congregation and Sharing our News**

In 2018 we relaunched our SPUC website (www.stpaulsajax.org) and created a Twitter account (@SPUCAjax), a Facebook page (<https://www.facebook.com/SPUCAjax/>) and a YouTube channel (https://www.youtube.com/channel/UCh_WmpnvnS1q93Y10v3zmKA) to share information about SPUC and to invite people to join us in achieving our mission.

Since that time over 1,700 people have visited the SPUC website and have viewed over 12,000 pages to learn more about our worship services, programs and activities, outreach support, to read our newsletters and reports and much more.

Using these online tools is clearly helping to share our story and we can see what people are interested in learning about by noting that the top 5 pages with the highest number of views are the Calendar page (1,151) closely followed by the Blog pages (436), Staff Team page (413), Worship page (413) and Programs and Activities (383).

Knowing that the Calendar page (<https://stpaulsajax.org/calendar/>) gets the highest numbers of views, it has been updated to include information on the dates, times and locations of all of our worship services, programs and activities, meetings and special events from September, 2019 to June ,2020.

WORSHIP & MUSIC

Senior Choir Open House

Have you ever wondered what happens during a Senior Choir practice? You're invited to come see, sing, and experience it. This year's Open House/Bring a Friend Night for St. Paul's Senior Choir is Thursday, October 17, 2019 at 7 pm. Practice will end at 8:15 pm followed by a time of fun, fellowship and food.

Visitors will be invited to sing with the choir Sunday, October 20, 2019 with harpist Liane James accompanying that day's anthem!

N.B. Until 7 pm ring the bell on the Parking Lot door. It's marked Choir Room/Piano Lessons. After 7 pm ring the bell labelled Church on the side door near the Minister's Office.

For more info, speak to any choir member; email Lois at lcraigbflat@gmail.com; or phone Lois at 905-427-3800.



You Know You Want To

Join the Choir this Fall, You've heard them sing the Caribbean Mass, and it looked like so much fun. You hear them every week, singing Praise to God and you want to be a part of it.

The best time to join the Choir is while there are experienced members to help you learn. We have room for women and men with high and low voices.

For more info speak to any Choir member, or call Lois at 905-427-3800, or email her at lcraigbflat@gmail.com.

Sunday morning Worship returns to it's normal time of 10:30 am on Sunday, September 8, 2019. Hope to see everyone there!

Save the Date

Harpist Liane James will be returning for the 10:30 am worship service on October 20, 2019. You won't want to miss it. Invite your friends, family and neighbours.

You Suggest the Music



Lois is looking for your favourite hymns to play before service begins each week. If you supply the title, it most probably could be tracked down.

Please jot down the title and put it in the suggestion box, or email it to Lois at lcraigbflat@gmail.com. If you have a particular date that you would like it played, please include that also.

Thanks for your ideas.

MORE CONNECTIONS

You Helped Raise \$900!

At the last Congregational meeting the Exercise Group announced that the \$900 raised between January and June, 2019 had been used to buy 15 bundles of shingles for the raise the roof program. The money raised included donations given at Tom Rosebush's presentation on being adopted; movie freewill offerings and monthly donations from the Exercise Class itself. Hope to see you at this year's events!



Groan and Laugh Along with Us

The ladies exercise class that meets at St. Paul's Mondays at 9:15am and Thursdays at 1:00 pm, has room for 2 more participants. It runs from September to June. The class is very relaxed and fun. The cost is nominal. Come for a trial class - no charge (You don't have to be in the Choir to join). For more info, or to let us know you're planning to visit, call Lois at 905-427-3800.

Moist, Tasty Chocolate Cake – so easy to make!

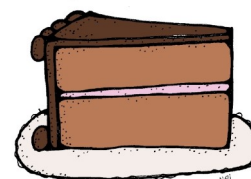
Want to make a cake, that's so easy – you measure the ingredients right into the baking dish! Try Wacky Chocolate Cake, which is in the St. Paul's Heritage Cookbook.

My Uncle Andy was a bachelor and worked as a high school teacher. He asked the home economics teacher for a recipe that even he could make. Wacky cake is that recipe.

Perhaps there is someone in your household that likes to eat cake, but has never made one. This is the one they could succeed in making. And it is sooooo good! Looking for a birthday, or dare I say a Christmas gift? St. Paul's Heritage Cookbooks are still available, for only \$20!

See Jennifer Cree or Susan Reed to buy your copy.

Lois Craig



Hold the Date



On Sunday, November 17, 2019, the Exercise Class, UCW and M&S are sponsoring an event after the morning service. Plan to attend, bring your lunch and invite your friends!

More details in the October Epistle.

AND MORE CONNECTIONS**Instrumentalists**

Calling all instrumentalists. St. Paul's would like to make use of your talents. Whether you play flute, oboe, French horn, violin or any other instrument.

Perhaps you would like to play along with the Choir. Or, perhaps you could play a solo with or without accompaniment during the offering at the 10:30 am service. If you play the piano perhaps you would like to play a duet with me, or one with your regular partner.

To make yourself known, please call me at 905.427.3800, or email me at lcraigbflat@gmail.com. Looking forward to hearing from you.

Lois Craig
Music Director
St. Paul's United Church

**Piano Lessons this Fall**

Have you always wanted to learn to play piano? Perhaps you want to know how to play Happy Birthday, or your favourite Christmas Carol? I have openings for several new students beginning in September.

I teach beginners to Grade 8 Royal Conservatory of Music for ages 7 to Adult. Lessons take place at St. Paul's. For those who work shifts, or who are retired, lessons are available during the day. Lessons are also available after school, and in the early evening.

For more information, or to schedule an interview, please call me at 905.427.3800, or email me at lcraigbflat@gmail.com.

Lois Craig
Music Director
St. Paul's United Church

Thank You

I would like to take this opportunity to thank my St. Paul's family for your acts of kindness at a very difficult time. Your phone calls, cards, prayers and attendance at Maureen's funeral were a source of comfort at a very sad time for my family and me.

Our sincere thanks go out to each and every one of you. Memories of your kindness will help immensely in the days to come.

June Martin



ST. PAUL'S UNITED CHURCH

the church with the open arms



St. Paul's United Church

65 King's Cres.,

Ajax, ON L1S 2M4

Phone: 905-683-4740

E-mail:

office@stpaulsajax.org

We're on the web!

www.stpaulsajax.org

The next *Epistle* will be issued on September 30, 2019

DEADLINE for articles is September 20, 2019

Please send articles to Wendy Mason at goosemason@yahoo.ca

JOIN WITH US TO WORSHIP AND PRAISE GOD.

Sunday Worship - 10:30 am

Wheelchair Accessible - Hearing Assistance

Sunday School and Nursery Care available during Sunday Worship.

Fellowship and coffee time follows every worship service.

Holy Communion is served on the first Sunday of the month.

Baptisms and Weddings may be arranged by calling the Church Office.

Meeting Space is available for booking.

Our office is open weekdays from 10:00 am to 2:00 pm.

Minister: the Rev. Cordelia Karpenko

Office Administrator: Catharine Ottaway

Music Director: Lois Craig

We come to experience, show and share the difference God's love in Christ makes in our lives. We strive to be a people growing spiritually while reaching out to others in response to Jesus Christ.

2019 DIRECTORY FOR ST. PAUL'S UNITED CHURCH, AJAX

Committee / Group / Position	Chair / Leader / Personnel	Telephone Number
Church Staff		
Minister	Rev. Cordelia Karpenko revcordelia@stpaulsajax.org	905 683 4740
Office Administrator Room Bookings	Catharine Ottaway office@stpaulsajax.org	905 683 4740
Director of Music	Lois Craig, M.M., B. Mus., A.R.C.T.	905 427 3800
Congregation Representatives		
Chair of Congregation	Stuart McLean	905 619 2079
Secretary of Congregation		
Council Representatives		
Chair of Church Council	Katie Cronin-Wood	905 686 8793
Past Chair of Council	Winston Pinnock	
Secretary of Church Council		
Christian Education		
Communications	Jeff Wood, Katie Cronin-Wood	905 686 8793
Finance	Robert Hunt	416 458 5888
Ministry and Personnel	Cathy Mullen	905 683 6255
	Brad Sherwin	905 706 0735
Mission and Service	Helen Dowse	905 619 0647
Men's Group	Michael Morrison	416 819 4948
Presbytery Rep.	Bill Sheaves	905 686 5829
Property		
Treasurer	Wendy Mason	905 427 2817
Trustees	Dave Eagleson	905 428 3404
United Church Women	Grace Sheaves	905 686 5829
Worship and Music	Linda Westendorp	905 683 7670
Supplementary Positions / Group Leaders		
Envelope Steward	Dorothy Wilkins	905 427 9067
Epistle Editor	Wendy Mason	905 427 2817
Church School Coordinator	Jennifer Cree	905 686 4467
Lay Visitors Team	Stuart McLean	905 619 2079
LEAP	Cordelia Karpenko Catharine Ottaway	905 683 4740
Prayer Shawl Ministry	Susan Reed	905 686 1325
Outside Groups		
Brain Tumour Support	Todd Goold	1 800 265 5106 ex. 237
Food Addicts in Recovery Anonymous (FA)	Garry McCready	905 904 1264
PROBUS Club of Durham West	Ann Buffett	annbuffett@sympatico.ca
Sunshine Nursery School	Suzanne Vousdon	905 427 6744

Church email address: office@stpaulsajax.org, Website: www.stpaulsajax.org

Fax: 905 683 4812 (Please call before sending a fax.)

Holy Communion is served during the regular worship service the first Sunday of each month.

Baptism takes place on the third Sunday each month.

Preparation meetings are held on the Saturday prior to the Baptism.

The office is open weekdays from 10:00 am to 2:00 pm. The answering machine is available for messages at all times.